



2025 PRIDE PACK

**DANCE** *with* **PRIDE**

# Welcome

At Roar Calisthenics, we are passionate enthusiasts of dance, music, and performance arts. Calisthenics stands out as a truly unique dance sport, integrating elements from Jazz, Ballet, Musical Theatre, Singing, and Gymnastics. Here, your child will thrive in a safe, enjoyable, and supportive environment, nurturing new skills, unleashing their creativity, and evolving into confident and accomplished performers.



# 2025 TimeTable

## GROUP CLASSES

### MONDAY

St Mark's Parish  
95 Remuera Road

#### CUBS 2-3YRS

9.30am-10.00am

#### CUBS 3-4YRS

10.00am-10.30am

### WEDNESDAY

St Mark's Parish  
95 Remuera Road

#### TINIES

3.30pm-4.15pm

#### SUB JUNIORS

4.15pm-5.45pm

### SATURDAY

St Mark's Parish  
95 Remuera Road

#### CUBS

11.00am-11.30am

#### TINIES

11.30am-12.15pm

#### SUB JUNIORS

12.15pm-1.30pm

#### CLOSED CLASS

1.30pm-3.00pm

Victoria Ave Primary  
School

#### JUNIORS

2.00pm-3.30pm

## PRIVATE CLASSES

### FRIDAY

St Mark's Parish  
95 Remuera Road

#### RECREATION TECHNIQUE, PERFORMANCE OR SINGING

30 min sessions between  
3.30pm-7.00pm

# Dates

	MONDAY	WEDNESDAY	SATURDAY
<b>TERM 1</b>	24 Feb – 7 Apr <i>7 week term</i>	26 Feb – 9 Apr <i>7 week term</i>	1 Mar – 12 Apr <i>7 week term</i>
<b>TERM 2</b>	28 Apr – 23 June <i>8 week term</i> NO CLASS 2 JUNE 2025	30 Apr – 25 June <i>9 week term</i>	3 May – 28 June <i>9 week term</i>
<b>TERM 3</b>	14 Jul – 15 Sept <i>10 week term</i>	16 Jul – 17 Sept <i>10 week term</i>	19 Jul – 20 Sept <i>10 week term</i>
<b>TERM 4</b>	6 Oct – 17 Nov <i>6 week term</i> NO CLASS 27 OCT 2025	8 Oct – 19 Nov <i>7 week term</i>	11 Oct – 22 Nov <i>7 week term</i>

**PRIVATE LESSONS WILL BE AGREED BETWEEN COACH AND PUPIL**

**ADDITIONAL DATES - STILL TO BE CONFIRMED**

Photo Day  
Showcase Performance

# Fees

## **CUBS**

\$18 per class  
\*\$60 costume levy

TERM 1 - \$126. TERM 2 - \$144. TERM 3 - \$180. TERM 4 - \$108

## **TINIES**

\$19 per class  
\*\$120 costume levy

TERM 1 - \$133. TERM 2 - \$171. TERM 3 - \$190. TERM 4 - \$133

## **SUB JUNIORS**

\$20 per class  
\*\$150 costume levy

TERM 1 - \$140. TERM 2 - \$180. TERM 3 - \$200. TERM 4 - \$140

## **JUNIORS / CLOSED CLASS**

\$225 per term  
\*\$150 costume levy

TERM 1 - \$157.50 TERM 2 - \$202.50. TERM 3 - \$225. TERM 4 - \$157.50

## **PRIVATEs**

\$50 per lesson

\*Costume levies are a one off annual fee that goes towards costumes for Showcase performance. The figure provided is an indicative price only and will be confirmed once all costumes arrangements have been made for showcase.

# Uniform

*Upon enrollment, dancers must adhere to our uniform policy, which is mandatory for all classes.  
Dancers are expected to wear a leotard paired with bike shorts or leggings during class.*

## UNIFORM LIST

1. Compulsory BLACK or PINK Club Tee
2. Optional Club Jacket
3. Compulsory Black Leotard – *source your own*
4. Compulsory Bike Shorts – *source your own black or order club shorts*



# UNIFORM CATALOGUE & PRICE LIST



## CLUB JACKET - \$80

Optional Item - Order through website



## CLUB TSHIRT - \$35

Compulsory Item - Order through website

Choice of Black or Pink Tee



## BLACK LEOTARD

Compulsory Item - source your own

Farmers, KMart, Dancers Wardrobe and DanceStoreNZ



## BLACK SHORTS

Compulsory Item - source your own

*Option to choose between plain black or club leopard design.*

Farmers, KMart, Dancers Wardrobe and DanceStoreNZ



## CLUB LEOPARD SHORTS - \$55

Compulsory Item - Order through website

*Option to choose between plain black or club leopard design.*

# CLASS EQUIPMENT CATALOGUE



## **PRACTICE SKIRT - \$60-80\***

**Compulsory Item - Tinies, Sub Juniors & Juniors.**

Optional for Cubs

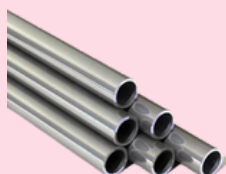
\*price is based on the length of the skirt required.

Select your colour - PINK, PURPLE, BLACK or WHITE



## **CLUBS - \$60**

**Compulsory Item - Sub Juniors & Juniors.**



## **ROD - \$12**

## **ADD A ROD CASE - \$15**

**Compulsory Item - Tinies, Sub Juniors & Juniors.**

Optional for Cubs.



## **CLUB BAG - \$65**

**Optional Item**

Each bag has the option to come with your child's name printed on the front.



## **CLUB ONESIE - \$88**

**Optional Item**

Each bag has the option to come with your child's name printed on the front.



# Club Info

## Terms & Conditions

### CLUB UPDATES & COMMUNICATION

All updates and communications from the club will be shared via email and our private Facebook group, 'Roar Cali Community.' Please request to join the group to ensure you stay informed. For any urgent matters, such as last-minute changes to class details, text messages will be used as requested by parents.

### MEDICAL POLICY

If your child experiences an accident or medical emergency during class and the coach is unable to reach either parent/guardian or the designated emergency contact, you authorise your child to receive appropriate medical attention. All coaches hold current First Aid Certificates.

### FEE POLICY

Payment of all fees is required promptly at the beginning of each term. Your child's enrollment in the class will not be confirmed until fees are settled. Distribution of uniforms and class equipment will occur only after all invoices are cleared. Refunds will not be issued for classes missed due to overseas trips, family holidays, birthdays, etc. However, refunds may be considered for absences due to illness, injury, or bereavement, with the possibility of requiring medical documentation. In the event that a class is cancelled, a credit will be applied to your following term invoice.

### ATTENDANCE POLICY

As a courtesy, kindly inform us promptly if your child is unable to attend any scheduled trainings, dress rehearsals, or performances. Our lessons are carefully prepared in advance. Please note that failing to attend a scheduled class does not warrant a refund of any fees for you or your child.

## **ARRIVING AT CLASS**

We ask for your consideration upon arrival for class, especially if another class is in progress. Each of our venues provides suitable waiting areas before your lesson begins. Please refrain from causing interruptions or excessive noise while waiting, as it can be disruptive to the children already in class.

## **PARENT ATTENDANCE AT CLASS**

Parents are not required to stay for class. However, if you opt to stay, please keep noise levels to a minimum. Parents are encouraged to socialise and chat outside the hall to maintain a quieter environment, as our classes can become too loud with excessive parents and siblings in the back. If your child feels nervous or anxious about your departure, please reach out to discussion. Parents are welcome to stay during their child's trial class and Cubs class.

## **CLASS CAPACITY, MINIMUM NUMBERS & WAITLISTS**

Each class has a set minimum and maximum number of students. A minimum enrollment is required for a class to proceed; if this number is not met, the class may be rescheduled or canceled.

Once a class reaches its maximum capacity, new enrollments will be added to a waiting list. Families on the waiting list will be notified promptly when a space becomes available. There are no fees associated with being on the waiting list.

## **COSTUME LEVY**

Participating in the end-of-year showcase is optional, but strongly encouraged as it is the pinnacle event of the year. The costume levy will be incorporated into your term 2 or 3 fees. This contribution covers the expenses associated with sewing, purchasing, laundering, storing, and handling costumes. Please note that you will not be able to retain your show costume. Attending showcase dress rehearsals is mandatory for performers. Missing classes could potentially impact your position in the showcase routines.

## **ENROLMENT**

When enrolling your child, it is understood that the commitment is for the entire year. If you no longer need your reserved position, please provide notice before the start of the next term. Otherwise, fees for that term will be due and payable.

## **UNIFORM & CLASS EQUIPMENT ORDERS**

It can take up to six weeks for your uniforms and class equipment to be delivered since they are custom-made. We do offer a range of second-hand uniform items for purchase.



## **ARE CLASSES BASED ON AGE OR DANCING EXPERIENCE?**

Our classes are structured according to the age of the students, with the age considered as of 31 December 2025.

## **DO WE NEED JAZZ OR BALLET SHOES?**

No, we train and perform barefoot.

## **IS THE SAME MUSIC USED ALL YEAR?**

Yes, each routine has its carefully selected and edited music at the beginning of the year, unique to each team.

## **CAN WE FILM THE ROUTINES AT CLASS TO PRACTICE AT HOME?**

yes, you are welcome to film from the back of the class. Otherwise, all routines are filmed and uploaded to YouTube for home practice convenience.

## **HOW MUCH PRACTICE SHOULD WE DO AT HOME?**

It's recommended to practice at home once or twice a week. If your child is selected as a leader, they'll need to memorise the routine, requiring additional practice at home.

## **CAN WE BRING A FRIEND TO CLASS TO TRY IT OUT?**

If there is space available in the class, friends can book a trial. Otherwise, they can join our waitlist if the class is full.

## **DO I HAVE TO MAKE COSTUMES?**

No, most of our costumes are either hired or purchased. There might be some small costume tasks, but they are simple and straightforward.

# About Me...

Welcome to Roar! I'm thrilled to embark on this dance journey with you this year. Calisthenics holds a significant place in my life, and I'm delighted to share that passion with you.

My journey in Calisthenics began at the age of 2 when I joined one of Australia's most successful clubs, Ceres Calisthenics College. Since then, I've been captivated by performing and competing on stage. Throughout my Calisthenics career, I've had the privilege of representing Queensland at the highest level, both as part of teams and as a soloist, in Calisthenics National Competitions. Additionally, I've pursued studies in Musical Theatre at the Australian Dance Performance Institute, where I underwent professional training for 2 years.

At the age of 14, I transitioned into coaching, initially assisting with younger age groups at my club. Working with talented individuals across various competition levels has been incredibly rewarding. I hold a Level 1 Coaching Accreditation, which necessitates maintaining a current First Aid Certificate and attending educational seminars regularly.

In 2014, upon relocating to New Zealand, I founded Roar Calisthenics, the only international club outside of Australia. Over the past 10 years, Roar has blossomed from a single pupil to a thriving community of over 75 members. As the Head Coach, I oversee all aspects of coaching, choreography, costuming, music, scheduling, and everything in between.

In addition to my work at Roar, I serve as a Director on the Australian Calisthenic Federation Board. In this role, I contribute to the strategic growth and development of Calisthenics across both Australia and New Zealand, supporting initiatives that strengthen the future of our sport.

As a coach, my ultimate aim is to nurture each dancer's personal growth and foster a deep love for dance and performance.

Jess xx

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# Coaching Team



## **MEET JESSICA H**

Jessica is very excited to join the team at Roar Calisthenics and get the pleasure to meet each and every one of the parents and students. Born and raised in Australia, Jessica's passion for movement started young. As an active child, she was often found flipping around at gymnastics or immersed in a variety of dance classes. Jessica has a passion for working with children, which led her to begin coaching netball. After moving to New Zealand in 2020 Jessica pursued teaching gymnastics and she's excited to share her love for calisthenics. Jessica is excited about this new journey and looks forward to working with each of you.